

Programs

Dance



Newbridge Academy offers a comprehensive Dance Program for Grades three to 12. The program is designed based on the needs of the dancers to establish a more structured class setting, which will include a warm-up, barre and centre exercises as well as progression of steps across the floor and choreographed routines/combo's. The students will train in a variety of styles including jazz, ballet, lyrical, contemporary and hip hop. Our goal is to provide the dancers with a well-rounded vocabulary of dance and to continually upgrade their skills and techniques. The study of the ADAPT syllabus (Associated Dance Arts for Professional Teachers) is the foundation of our jazz technique.

Golf



The Newbridge Academy Golf Program enters its fourth year with its largest enrolment ever. Led by PGA of Canada Coach, Andrew Noseworthy, it includes important aspects for both the recreational and competitive golfer to improve. The Golf Program is available for students from Grades three to 12. The golf program includes a combination of on-course, indoor, fitness and classroom training.



**All programs are subject to minimum numbers to run program*